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(एक राष्ट्रीय महत्व का संस्थान, विज्ञान एवं प्रौद्योगिकी विभाग, भारत सरकार)
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Roll No.

WRITTEN TEST FOR THE POST OF SR. NURSING OFFICER (WARD) - A

DATE: 20.12.2023

TIME: 9:30 AM

DURATION: 60 Minutes

TOTAL MARKS: 50

INSTRUCTIONS TO CANDIDATES

1. Write your roll number on the top of the question booklet and in the **OMR** sheet
2. Each question carries **one (1)** mark
3. There will be no negative marking
4. Each question carries 4 options i.e. **A, B, C** and **D** . Darken completely the bubble corresponding to the most appropriate answer using **blue or black ball point pen**.
5. Marking more than one answer will invalidate the answer.
6. Candidate should sign on the question paper and answer sheet
7. Candidate should hand over the question paper and OMR sheet to the invigilator before leaving the examination hall

Signature of the Candidate

1. The International nurses' day theme 2023 is
 - A. Nurses: A voice to lead - Health is a Human Right
 - B. Nurses: A voice to lead- Health for all
 - C. Our Nurses Our future
 - D. Nurses: A Force for Change: Improving Health Systems' Resilience
2. The main function of preparation area in a Central sterile service department (CSSD) is to
 - A. Segregate clean and infected items
 - B. Checking for breakable instruments and assembling equipment
 - C. Store clean received material
 - D. Label all packs
3. Name the type of transfer given to a nurse who has committed serious negligence in patient care
 - A. Remedial Transfer
 - B. Penal Transfer
 - C. Downward Transfer
 - D. Inappropriate Transfer
4. Nurse makes clinical decision based on the best research evidence, their clinical expertise and the health care preferences of their patient is termed as
 - A. Empirical data
 - B. Evidence-based Practice
 - C. Basic research
 - D. Qualitative research
5. The most objective and reliable source of Nursing Knowledge is
 - A. Tradition
 - B. Experts
 - C. Trial and error
 - D. Scientific research
6. The process of objectively determining the specific duties, responsibilities and conditions associate with specific jobs is
 - A. Job specification
 - B. Job analysis
 - C. Job evaluation
 - D. Job ranking

7. Which article of Indian constitution deals with right to health
- A. Article 223
 - B. Article 226
 - C. Article 21
 - D. Article 32
8. Manuals and circulars are considered as means of
- A. Upward communication
 - B. Downward communication
 - C. Horizontal communication
 - D. Grapevine communication
9. The process of comparing oneself to others performing similar activities, so as to continuously improve is
- A. Bench marking
 - B. Quality assurance
 - C. Quality management
 - D. Accreditation
10. The proper steps for operating an Automated external defibrillator (AED) are
- A. Power on the AED, attach electrode pads, shock the person and analyse the rhythm
 - B. Power on the AED, attach electrode pads, analyze the rhythm and shock the person
 - C. Power on the AED, analyze the rhythm, attach electrode pads and shock the person
 - D. Attach electrode pads, power on AED, analyze rhythm and shock
11. Which one of the following is not a technique of supervision?
- A. Anecdotal record
 - B. Incidental teaching
 - C. Reassurance
 - D. Procurement
12. The term "Span of Control" means
- A. Fixing the responsibility
 - B. Competence of the supervisors
 - C. Employee should receive orders from one supervisor only
 - D. The number of subordinates an officer can effectively supervise

13. Component of Nursing Diagnosis include all, except
- A. Problem statement
 - B. Etiology
 - C. Defining characteristics
 - D. Outcome
14. Which of the following is not a criterion in Braden risk assessment scale?
- A. Sensory perception
 - B. Activity
 - C. Mobility
 - D. Pupillary reaction
15. Which management principle states that orders and instructions should flow down from one higher level manager to a lower one
- A. Division of work
 - B. Chain of command
 - C. Unity of direction
 - D. Unity of command
16. The process for authorizing nursing professional to provide nursing care commensurate with their qualification and skill is called
- A. Privileging
 - B. Credentialing
 - C. Job specification
 - D. Operational plan.
17. The conflict resolution technique used by managers who are highly assertive and cooperative
- A. Avoiding
 - B. Collaborating
 - C. Bargaining
 - D. Forcing
18. A form of complaint expressed by employees towards unfairness regarding work situation is
- A. Injustice
 - B. Indiscipline
 - C. Grievance
 - D. Misconduct

19. According to WHO, the process of making sure that the services provided by the hospital are the best possible in given existing resources and current medical knowledge is
- A. Quality Planning
 - B. Quality Control
 - C. Quality assurance
 - D. Quality Improvement
20. A review of the performance record of patients specifying nursing care through established criteria is
- A. Clinical audit
 - B. Management Audit
 - C. Nursing Audit
 - D. Standard
21. While evaluating the performance of nursing staff a head nurse allots medium scores to all nurses working under her irrespective of their ability to perform tasks. This bias is termed as
- A. Halo effect
 - B. Horn effect
 - C. Central tendency error
 - D. Logical error
22. A leadership style in nursing in which leaders motivate subordinates to work beyond their capacities and expectations
- A. Transformational
 - B. Transactional
 - C. Resonant
 - D. Dissonant
23. ----- is preferred when subordinates possess requisite skills to take additional responsibilities.
- A. Decentralization
 - B. Centralization
 - C. Departmentation
 - D. None of the above
24. According to Maslow's hierarchy of needs, attaining job security and protection from work hazards belongs to
- A. Physiological needs

- B. Safety needs
 - C. Psychological needs
 - D. Self-actualization
25. A nurse manager wishes to improve the job performance of a group of junior staff. Based on Herzberg's theory, would be an appropriate motivating factor
- A. Rearranging the ward/ICU to make it pleasant and comfortable.
 - B. Setting up breakhours for staffs.
 - C. Offering opportunities for achievement and recognition.
 - D. Providing them with a planned duty schedule.
26. Carrot and Stick technique is used
- A. To reduce absenteeism
 - B. For motivation
 - C. For effective leadership
 - D. Decision making
27. Increasing the complexity of a job to provide a greater sense of responsibility, accomplishment and achievement
- A. Job description
 - B. Job Evaluation
 - C. Job enrichment
 - D. Job analysis
28. The type of budgeting in which the budget is prepared for the upcoming period, based on analysis of organization's needs and expenses and all expenses must be justified irrespective of previous year's budget allotment
- A. Incremental Budgeting
 - B. Operational Budgeting
 - C. Activity based Budgeting
 - D. Zero-based Budgeting
29. The legislation enacted by the Govt: of India in 2013 to address the issue of sexual harassment faced by women in the workplace.
- A. Occupational Safety Act
 - B. Workplace Misconduct Act

- C. POSH Act
- D. Workplace Safety Act

30. As the client census has been higher in the past year, more supplies were used in units. Which type of costs does this reflect?
- A. Fixed costs
 - B. Direct costs
 - C. Variable costs
 - D. Zero-based costs
31. The use of machine-learning algorithms and software to analyse patient data and arrive at approximate conclusions in health-care
- A. Telehealth
 - B. Medline search
 - C. Evidence-based care
 - D. Artificial Intelligence
32. First in, first out (FIFO) principle of inventory management applies to
- A. Storage
 - B. Procurement
 - C. Packing of items
 - D. Transportation
33. Omitting care that should be provided with a procedure violates which principle of medical ethics?
- A. Beneficence
 - B. Non maleficence
 - C. Autonomy
 - D. Justice
34. This leadership approach encourages, inspires and motivates employees to innovate and create the changes necessary to achieve organizational goal
- A. Democratic leadership
 - B. Bureaucratic leadership
 - C. Transactional leadership
 - D. Transformational leadership

35. Which of the following is not a feature of collective bargaining?
- A. Flexibility
 - B. Centralized decision
 - C. Negotiation
 - D. Employee wellbeing
36. The type of incident report in which an unanticipated event occurs in a health care setting that results in death or serious physical or psychological injury occurs to the patient, staff member or visitor
- A. Sentinel event
 - B. Anecdotal record
 - C. Near-miss
 - D. None of the above
37. The time frame for completing an incident report by the person who witnessed the incident should be
- A. Within 12 hours
 - B. Within 24 hours
 - C. Within 36 hours
 - D. Within 48 hours
38. The kind of interview to a departing employee to gain an understanding upon how an organization can improve upon is
- A. Exit Interview
 - B. Transfer Interview
 - C. Termination Interview
 - D. Informational Interview
39. The requirements of a valid informed consent are all of the following except
- A. Person must be legally competent
 - B. Sufficient information should be given
 - C. Description of reasonably foreseeable risk
 - D. There must be coercion
40. Auditing of structure standards involves
- A. Auditing of staffing pattern
 - B. Auditing of Nursing Procedure

- C. Auditing of client health status
- D. Auditing of care pattern

41. Publication of a derogatory or false statement in writing or spoken words without any justification is

- A. Malpractice
- B. Defamation
- C. Assault
- D. Negligence

42. In ISBAR communication model, B stands for

- A. Bracketing
- B. Brevity
- C. Briefing
- D. Background

43. Beyond its neurological system involvement, Wilson disease affects mainly

- A. Kidneys
- B. Liver
- C. Heart
- D. Lungs

44. Mothers of children with congenital complete heart block should be screened with antibodies related to

- A. Systemic lupus erythematosus
- B. Rheumatoid arthritis
- C. Sinus node dysfunction
- D. Long QT syndrome

45. Which of the following antiseizure medications is associated with highest risk for teratogenicity, when used in pregnancy?

- A. Lamotrigine
- B. Sodium Valproate
- C. Levetiracetam
- D. Briveracetam

46. Which of the following is the best for protecting airways from aspiration?

- A. Laryngeal mask airway
- B. Endotracheal intubation
- C. Ryles tube insertion
- D. Bag & Mask ventilation

47. Sellick manoeuvre during endotracheal intubation is used to prevent

- A. Alveolar collapse
- B. Hypertension
- C. Aspiration of gastric content
- D. Bradycardia

48. Which of the following is not a muscle relaxant?

- A. Atracurium
- B. Vecuronium
- C. Neostigmine
- D. d Tubocurarine

49. As per ACLS guidelines high quality CPR (cardiopulmonary resuscitation) includes all except

- A. Chest compressions 100 to 120/ minute
- B. Depth of compression 5 to 6 cm
- C. Compression to breaths ratio is 30:2
- D. Pulse check should be done in less than one minute

50. In patients with acute stroke, which of the following protocols should be followed for initiating oral feeds?

- A. Bedside Swallow assessment within 24 hours of stroke should be performed in all patients before feeds are initiated.
- B. Bedside swallow assessment should be performed in severe strokes only.
- C. Patient should be initiated on parenteral nutrition in the early phase.
- D. Instrumental swallow assessment should be performed in all patients.

Nursing officers (SNO) exam key

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|----|---|----|---|----|---|----|---|----|---|
| 1 | C | 11 | D | 21 | C | 31 | D | 41 | B |
| 2 | B | 12 | D | 22 | A | 32 | A | 42 | D |
| 3 | B | 13 | D | 23 | A | 33 | B | 43 | B |
| 4 | B | 14 | D | 24 | B | 34 | D | 44 | A |
| 5 | D | 15 | C | 25 | C | 35 | B | 45 | B |
| 6 | B | 16 | A | 26 | B | 36 | A | 46 | B |
| 7 | C | 17 | B | 27 | C | 37 | B | 47 | C |
| 8 | B | 18 | C | 28 | D | 38 | A | 48 | C |
| 9 | A | 19 | C | 29 | C | 39 | D | 49 | D |
| 10 | B | 20 | C | 30 | C | 40 | A | 50 | A |

